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*For the Highest Level of Health, From the Earth's Greatest Nutrients™*

## Hemp Protein

Delicious Organic Hemp Protein Powder

**Hemp Protein** from organic hemp seed is a gluten free, highly digestible, whole food protein powder. It contains all 20 known amino acids including 10 essential amino acids. Its 45% total protein content is the highest among all phyto proteins. You can use Higher Ground's *Hemp Protein* in place of all other protein. It comes from a vegetable source and is therefore an excellent source of protein for athletes, vegetarians and vegans, diabetics and hypoglycemics, as well as people who want to cut down on their intake of the harder-to-digest animal proteins and soy proteins. In addition to containing the basic nutrient groups, hemp foods have a high content of antioxidants and a wide variety of unique phyto nutrients. *Hemp Protein* is Certified Organic, Certified Kosher and Non-GMO. This food comes from Nature, not a laboratory.

Serving Size: 2 scoops (30 gm)

Servings per container: 15

<b>Nutritional Facts</b>	
<b>Amount Per 30g Serving</b>	
<b>Calories</b>	120.6
<b>Total Fat</b>	3.7 g
Saturated	0.3 g
Polyunsaturated	2.9 g
Omega 6	2.2 g
Omega 3	0.7 g
Monounsaturated	0.4 g
<b>Carbohydrates</b>	7.5 g
Dietary Fiber	5.1 g
Sugars	0.9 g
<b>Potassium</b>	348 mg
<b>Sodium</b>	0.0 mg
<b>Cholesterol</b>	0.0 g
<b>Protein</b>	14.5 g
<b>Minerals</b>	<b>% Daily Value*</b>
Vitamin E	80%
Calcium	16%
Phosphorus	125%
Magnesium	250%
Iron	114%
Zinc	110%
Copper	50%
Manganese	800%
THC Content	None Detected
*based on 2,000 calorie diet	

### Hemp Amino Acid Profile mg / 30 serving

Alanine	288
*Arginine (children)	564
Aspartic Acid & Asparagine	594
Cysteine	36
Cystothionine	27
Glutamic Acid & Glutamine	1044
Glutamine	1044
Glycine	291
*Histidine (children)	75
*Isoleucine	45
*Leucine	213
*Lysine	129
*Methionine	78
*Phenylalanine	105
Phosphoserine	27
Proline	219
Serine	258
*Threonine	111
*Tryptophan	18
Tyrosine	174
*Valine	90

\* Essential Amino Acids